

# Healthcare Information for Traveling to Nigeria 2010

Shots and/or medications needed before traveling to Nigeria:

1. Yellow Fever
2. Hepatitis A
3. Hepatitis B
4. Typhoid
5. Polio
6. Malaria medication (this will be taken two days before leaving and all throughout the trip)

**\*Everyone has different medical needs, so please visit this website for more information and a timeline for your shots and medications:**

<http://wwwnc.cdc.gov/travel/destinations/nigeria.aspx>

\*Passport Health is a great place to get shots and medications. They are usually more reasonable than going to your family doctor (travel shots/medications are not usually covered by health insurance). <http://www.passporthealthusa.com/>